



# Making the most of your doctor's visits

Asking questions can give you a clearer understanding of your condition and may help you feel more confident about what's ahead.

Rethink **IgAN**



## Understanding your test results

- What do my lab results say about my kidney health?
- Do I have blood or protein in my urine?  
What does that mean?

MY QUESTIONS

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NOTES

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## Diagnostic procedures

- Do I need a kidney biopsy? What can I expect?  
What will it show?
- Are there other tests to confirm or rule out IgAN?

MY QUESTIONS

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## Monitoring and IgAN care

- What can I track at home? How?
- What signs should I watch for between visits?
- How often should I have follow-up tests?

MY QUESTIONS

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## Managing IgA nephropathy

- What are ways to manage IgAN?
- Are there treatments or clinical trials I should know about?

MY QUESTIONS

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You can ask your doctor about recording your appointment to help remember important details.

