

Making the most of your doctor's visits

Asking questions can give you a clearer understanding of your condition and may help you feel more confident about what's ahead.



Understanding your test results

- What do my lab results say about my kidney health?
- Do I have blood or protein in my urine? What does that mean?



Diagnostic procedures

- Do I need a kidney biopsy? What can I expect? What will it show?
- Are there other tests to confirm or rule out IgAN?



Monitoring and IgAN care

- What can I track at home? How?
- What signs should I watch for between visits?
- How often should I have follow-up tests?



Managing IgA nephropathy

- What are ways to manage IgAN?
- Are there treatments or clinical trials I should know about?



You can ask your doctor about recording your appointment to help remember important details.